

SCHEDULE-XVIII

Minimum essential standards: requirements of equipment and instruments for ILAJ BIT TADABEER Procedure Section and PHYSIOTHERAPY UNIT under the department of ILAJ BIT TADABEER in the attached

Teaching Hospital.

Serial No. (1)	Equipment/Instrument (2)	Student Intake capacity				Available	Deficiency
		Sixty students intake capacity (3)	One hundred students intake capacity (4)	One hundred fifty students intake capacity (5)	Two hundred students intake capacity (6)		
A. Huqna (Enema), Abzan (Sitz Bath) and Qai (Emesis) Room							
1	Procedure table (Male+Female)	2 (1+1)	2 (1+1)	4 (2+2)	4 (2+2)	Available	
2	Footstep stool	2 (1+1)	2 (1+1)	4 (2+2)	4 (2+2)	Available	
3	Ishal chair for elders	2 (1+1)	2 (1+1)	4 (2+2)	4 (2+2)	Available	
4	Medicines for Huqna (Enema), Abzan (sitz bath) and Qai (Emesis)	As required				Available	
5	Medicine trolley	As required				Available	
6	Enema kit	As required				Available	
7	Enema stand	As required				Available	
8	Intravenous fluids	As required				Available	
9	Intravenous fluid stand	2	2	4	4	Available	
10	Working table	As required				Available	
11	Vessels and bowls	As required				Available	
12	Abzan and Qai Tub	As required				Available	
13	Blood Pressure apparatus	2	2	2	2	Available	
14	Stethoscope	2	2	2	2	Available	
15	Towel	As required				Available	
16	Waterproof rubber sheet (Macintosh)	As required				Available	
17	Waste bin	Assorted				Available	
18	Cupboard	As required				Available	
B. Nushooq, Suoot and Shumoom.							
19	Procedure table	2 (1+1)	2 (1+1)	4 (2+2)	4 (2+2)	Available	
20	Nasal applicator	As required				Available	
21	Medicines for therapy	As required				Available	
22	Cupboards	As required				Available	
23	Vessels and bowls	As required				Available	
24	Medicine trolley	As required				Available	
25	Waterproof rubber sheet (Macintosh)	As required				Available	
26	Waste bin	Assorted				Available	
C. Hijama Therapy Section							
27	Hijama bed and chair (Male+Female)	4 (2+2)	5 (3+3)	8 (4+4)	10 (5+5)	Available	
28	Footstep stool	4 (2+2)	5 (3+3)	8 (4+4)	10 (5+5)	Available	
29	Hijama Chair	2 (1+1)	4 (2+2)	5 (3+3)	8 (4+4)	Available	
30	Procedure stool	2 (1+1)	4 (2+2)	5 (3+3)	8 (4+4)	Available	
31	Medicine trolley	As required				Available	
32	Hijama cups (Disposable)	As required				Available	
33	Cupboard	As required				Available	
34	Hijama set	4 (2+2)	5 (3+3)	8 (4+4)	10 (5+5)	Available	
35	Lancet or Scalpel	As required				Available	
36	Vessels and bowls	As required				Available	
37	Instrument tray	As required				Available	



38	Kidney tray	As required				Available
39	Betadine lotion	As required				Available
40	BP apparatus	2	2	2	2	Available
41	Stethoscope	2	2	2	2	Available
42	Towel	As required				Available
43	Waterproof rubber sheet	As required				Available
44	Normal saline	As required				Available
45	Sterile cotton	As required				Available
46	Sterile Gauze swab	As required				Available
47	Cotton	As required				Available
48	Adhesive tape	As required				Available
49	Disposable Personal Protective Equipment Kits or Linen Surgical dress	As required				Available
50	Medicines for procedures (Applicable Roghaniyat or Safoof Zaj Abiyaz)	As required				Available
51	Surgical Gloves	As required				Available
52	Bandage	As required				Available
53	Waste bin	Assorted				Available
D. Hammam Section						
54	Steam bath chamber (Lying type)	2 (1+1)	4 (2+2)	6 (3+3)	8 (4+4)	Available
55	Footstep stool	2	4	6	8	Available
56	Stem bath Chamber (Sitting type)	2 (1+1)	4 (2+2)	6 (3+3)	8 (4+4)	Available
57	Steam generator or boiler	2 (1+1)	4 (2+2)	6 (3+3)	8 (4+4)	Available
58	Medicine trolley	As required				Available
59	Working table	As required				Available
60	Cupboard	As required				Available
61	Gas or Induction stove	As required				Available
62	Cooker	As required				Available
63	Towel	As required				Available
64	Medicines and raw drugs for procedures	As required				Available
65	Waste bin	Assorted				Available
E. Irsale Alaq (Leech Therapy) and Fasd (Bloodletting) Section						
66	Aquarium for storage of Leeches	2	2	2	2	Available
67	Roller Bandage (four inch)	As required				Available
68	Lukewarm water	As required				Available
69	Gauze Pad	As required				Available
70	Blood Pressure apparatus	1	1	1	1	Available
71	Stethoscope	1	1	1	1	Available
72	Bandage cutting scissor	2	2	2	2	Available
73	Kidney tray	As required				Available
74	Hole towel	As required				Available
75	Chob Zard Powder	As required				Available
76	Sang Jarahat Powder	As required				Available
77	Zaj Abiyaz Powder	As required				Available
78	Gile Armani Powder	As required				Available
79	Micro pore plaster	As required				Available
80	Surgical Gloves	As required				Available
81	23-gauge needle	As required				Available
82	18-gauge needle	As required				Available



83	Transparent Jars	As required				Available
84	Spirit	As required				Available
85	Povidone iodine solution	As required				Available
86	Toumiquel	As required				Available
87	Surgical Blade or Scalpel or Scarficator	As required				Available
88	Sponge holding forceps	As required				Available
89	Medicine trolley	As required				Available
90	Mackintosh Sheet	As required				Available
91	Fasd Table or Irsale Alaq Bed	2 (1+1)	4 (2+2)	6 (3+3)	8 (4+4)	Available
92	Waste bin	Assorted				Available
F. Dalk and Takmeed Bukhari Section						
93	Procedure table	2 (1+1)	2 (1+1)	4 (2+2)	4 (2+2)	Available
94	Footstep stool	2 (1+1)	2 (1+1)	4 (2+2)	4 (2+2)	Available
95	Procedure stool	2 (1+1)	2 (1+1)	4 (2+2)	4 (2+2)	Available
96	Steam generator set or Pressure Cooker with pipe	2 (1+1)	2 (1+1)	4 (2+2)	4 (2+2)	Available
97	Procedure Apron	As required				Available
98	Cloth to make bundle	As required				Available
99	Towel	As required				Available
100	Scissors	As required				Available
101	Knife	As required				Available
102	Surgical gloves	As required				Available
103	Tray	As required				Available
104	Gas or Induction stove	As required				Available
105	Medicines and Raw drugs for Dalk or Takmeed Bukhari	As required				Available
106	Medicine preparation table	As required				Available
107	Medicine trolley	As required				Available
108	Cupboards	As required				Available
109	Waste bin	Assorted				Available
G. Nutool Section						
110	Procedure Set (Including Table and Stand)	2 (1+1)	2 (1+1)	4 (2+2)	4 (2+2)	Available
111	Chair	2 (1+1)	2 (1+1)	4 (2+2)	4 (2+2)	Available
112	Stool	2	4	5	8	Available
113	Medicine trolley	As required				Available
114	Cupboard	As required				Available
115	Enamel Tray	As required				Available
116	Containers	As required				Available
117	Towel	As required				Available
118	Cloth	As required				Available
119	Scissors	As required				Available
120	Required medicines	As required				Available
121	Waste bin	Assorted				Available



H. Physiotherapy Unit			
122	Treatment table -wooden plinths	As required	Available
123	Treatment table-high-low adjustable	As required	Available
124	Mat table	As required	Available
125	Treatment room cabinets and chairs	As required	Available
126	Large mirror for visual feed back	As required	Available
127	Adjustable height exercise steps	As required	Available
128	Linens including towels	As required	Available
129	Step stools	As required	Available
130	Therapist stools on wheels	As required	Available
131	Variety of bolsters, wedges, supports	As required	Available
132	Mobilization of belt and devices	As required	Available
133	Gait belt	As required	Available
134	Various assistive devices	As required	Available
135	Tapping supplies	As required	Available
136	Orthotics and splining materials	As required	Available
137	Office equipment	As required	Available
138	Devices for test and measurements	As required	Available
139	First Aid	As required	Available
140	Basic modalities	As required	Available
141	Fitness and exercise equipment	As required	Available
142	Emergency Kit (Oxygen cylinder with trolley and regulator, Face Mask, Ambu Bag)	One	Available
143	Transcutaneous Electrical Nerve Stimulation (TENS)	One	Available
144	Interferential Therapy Machine (IFT)	One	Available
145	Electrical stimulator	One	Available
146	Quadriceps table	One	Available
147	Ankle exerciser	As required	Available
148	Finger exerciser	As required	Available
149	Ultrasound machine	One	Available
150	Infrared lamp	Two	Available
151	Shoulder pulley	As required	Available
152	Shoulder wheel	As required	Available
153	Parallel bar	One	Available
154	Staircase trainer	One	Available
155	Walking aids	As required	Available
156	Activities Daily Living Kit	As required	Available
157	Wax bath	One	Available
158	Swiss ball	As required	Available
159	Thera band	As required	Available
160	Peg boards	As required	Available
161	Wobble boards	As required	Available
162	Dumbbells of different weights	Assorted	Available
163	Static cycle	One	Available
164	Wheelchair	One	Available
165	Weight cuffs of different weights	Assorted	Available

